FORM NO. MGT – 7 DRAFT

(Pursuant to sub-section (1) of Section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014

ANNUAL RETURN (Other than OPCs and Small Companies)

ı.	REGISTRATION AND OTHER DETAIL	LS:			
(i)	Corporate Identification Number ((CIN) of the Company	U749	99KA2019PTC124189	
	Global Location Number (GLN) of	the Company			
	Permanent Account Number (PAN	I) of the Company	AASC	A2671C	
(ii)	(a) Name of the Company (b) Registered Office Address			JRMIKA HEALTH SYSTEMS (FORMERLY AS AASTARURMIKA HEALTH SYSTEMS LIMITED	
	(b) registered office Address	·	12th	/J, Ground Floor, 10th Cross, Main, 3rd Block, Koramangala, alore – 560 034, Karnataka	
	(c) e – mail ID of the Company		infor	mation@aastrika.org	
	(d) Telephone Number with STD C	ode	9845	514654	
	(e)Website		www	www.aastrika.org	
(iii)	Date of incorporation		09/0	09/05/2019	
(iv)	Type of Company				
	Type of Company	Category of the Comp	pany	Sub-Category of the Company	
	Private Company	Company limited by s	hares	Indian Non-Government Company	
(v)	Whether Company is having share	e capital	Y	es O No	
(vi)	Whether shares listed on recogniz	ed stock exchange(s)	O Y	es • No	
(vii)	Financial Year From date 01/04/	2021 (DD/MM/YYY	Y) To date	31/03/2022	
(viii)	Whether Annual General Meeting	(AGM) held	○ Yes	● No	
	(a) If Yes, date of AGM				
	(b) Due date of AGM	30/09/2022			
	(c) Whether any extension for AC	GM Granted (O Yes	○ No	
II.	PRINCIPAL BUSINESS ACTIVITIES O Number of business activities: 1	F THE COMPANY			

SI No.	Main Activity	•	Business activity code	Description of business activity	% of turnover of the Company
110.	group code	Activity group	activity code		Company
1.	Q	Hospital and Medical Care	Q6	Other Hospital and Medical Care Activities	0

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

No. of Companies for which information is to be given: 0

S. No	Name of the Company	CIN/FCRN	Holding/ Subsidiary/ Associate / Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

i) SHARE CAPITAL

(a) Equity share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Total number of Equity Shares	1,00,000	99,775	99,775	99,775
Total amount of Equity Shares (in Rupees)	100,000,000	99,775,000	99,775,000	99,775,000

Number of classes: 1

Class of Shares: Equity Shares	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of Equity shares	1,00,000	99,775	99,775	99,775
Nominal Value per share (in rupees)	1,000	1,000	1,000	1,000
Total Amount of equity shares (in rupees)	100,000,000	99,775,000	99,775,000	99,775,000

(b) Preference Share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Total number of Preference Shares	0	0	0	0
Total amount of Preference Shares (in Rupees)	0	0	0	0

Number of classes: 0

Class of Shares:	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of preference shares				
Nominal Value per share (in				
rupees)				
Total Amount of Preference				
Share (in rupees)				

(c) Unclassified share capital

Particulars	Authorised capital
Total Amount of unclassified shares	0

(d) Break - up of paid-up share capital:

Class of Shares	N	lo. of share	es	Total Nominal	<u>-</u>	Total
	<u> </u>	I		Amount	amount	Premium
Equity Shares:-	Physical	DEMAT	Total	40.000.000	40.000.000	
At the beginning of the year	40,000	0	40,000	40,000,000	40,000,000	
Increase during the year	59,775	0	59,775	59,775,000	59,775,000	
i. Public Issue	0	0	0	0	0	
ii. Rights issue	59,775	0	59,775	59,775,000	59,775,000	
iii. Bonus issue	0	0	0	0	0	
iv. Private Placement / Preferential Allotment	0	0	0	0	00	
v. ESOPs	0	0	0	0	0	
vi. Sweat Equity shares allotted	0	0	0	0	0	
vii. Conversion of Preference shares	0	0	0	0	0	
viii. Conversion of Debentures	0	0	0	0	0	
ix. GDR / ADR	0	0	0	0	0	
x. Others, specify:						
Decrease during the year	0	0	0	0	0	
i. Buy-back of shares	0	0	0	0	0	
ii. Shares forfeited	0	0	0	0	0	
iii. Reduction of share capital	0	0	0	0	0	
v. Others, specify:						
At the end of the year	99,775	0	99,775	99,775,000	99,775,000	00
,						
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	
i. Issue of shares	0	0	0	0	0	
ii. Re-issue of forfeited shares	0	0	0	0	0	
iii. Other, specify:						
Decrease during the year	0	0	0	0	0	
i. Redemption of shares	0	0	0	0	0	
ii. Shares forfeited	0	0	0	0	0	
iii. Reduction of share capital	0	0	0	0	0	
iv. Others, specify:						
At the end of the year	0	0	0	0	0	

ISIN of the Equity Shares of the Company:		
(ii) Details of stock split / consolidation during	ng the year (for each class of shares):-	0

Class of shares		(i)	(ii)	(iii)
Before split /	Number of shares			
consolidation	Face value per share			
After split /	Number of shares			
consolidation	Face value per share			

iii) Details of shares / debentures transfers since closure date of last financial year (or in the case of the first
return at any time since the incorporation of the Company)	

×	
Nil	

(Details being provided in a CD/ Digital media) (Yes/No/ Not applicable) Separate sheet attached for details of transfers: (Yes/No)

in a CD/Digital Media r		for submission as a separate	sneet attachment of submis
Date of the previous a	nnual general meeting:		
Date of registration of	transfer (Date Month Year	·):	
Type of transfer:			
(1-Equity, 2- Preferenc	e shares, 3 – Debentures, 4	4 – Stock)	
Number of shares/ de	bentures/units transferred	l:	
Amount per share/deb	enture/ unit (in Rs.):		
Ledger Folio of Transfe	ror:		
Transferor's Name	C.	A 4: 1 11	Fig. 1
Ledger folio of transfer	Surname ree:	Middle name	First name
Transferee's Name		A4:111	<u> </u>
	Surname	Middle name	First name
Date of registration of Type of transfer:	transfer (Date Month Year	·):	
(1-Equity, 2- Preferenc	e shares, 3 – Debentures, 4	4 – Stock)	
Number of shares/ de	bentures/units transferred	i:	
Amount per share/deb	enture/ unit (in Rs.):		
	ror:		
Ledger Folio of Transfe			
Ledger Folio of Transfe	Surnama	Middlename	First name
	Surname ee:	Middle name	First name
Transferor's Name		Middle name	First name
Transferor's Name		Middle name Middle name	First name

iv) Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per Unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
		Total	0

Details of debentures:

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Non-Convertible Debentures	0	0	0	0
Partly Convertible Debentures	0	0	0	0
Fully Convertible Debentures	0	0	0	0

v) Securities (other than shares and debentures): 0

Type of securities	Number of securities	Nominal value of each unit	Total Nominal Value	Paid up value of each unit	Total paid up value
Total					

V. Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover: 25,39,000

(ii) Net worth of the Company: Rs. 2,16,39,000/-

VI. (a) SHARE HOLDING PATTERN (Promoters)

SI		Equ	uity	Prefe	rence
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	99,775	100	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0
	iii) Government Companies	0	0	0	0
3	Insurance Companies	0	0	0	0
4	Banks	0	0	0	0
5	Financial Institutions	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
7	Mutual Funds	0	0	0	0
8	Venture Capital	0	0	0	0
9	Body Corporate (not mentioned	0	0	0	0

	above)				
10	Others	0	0	0	0
	Total	99,775	100	0	0

Total Number of shareholders (promoters): 2

(b) SHARE HOLDING PATTERN – Public/ Other than promoters

SI		Equ	uity	Prefe	rence
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	0	0	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0
	iii) Government Companies	0	0	0	0
3	Insurance Companies	0	0	0	0
4	Banks	0	0	0	0
5	Financial Institutions	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
7	Mutual Funds	0	0	0	0
8	Venture Capital	0	0	0	0
9	Body Corporate (not mentioned above)	0	0	0	0
10	Others:	0	0	0	0
	Total	0	0	0	0

Total number of shareholders (Other than promoters):	0	

Total number of shareholders (Promoters + Public/Other than promoters): 2

VII. NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

(Details, Promoters, Members (Other than promoters), Debenture Holders)

Details	At the beginning of the year	At the end of the year
Promoters	2	2
Members (Other than Promoters)	0	0
Debenture Holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) Composition of Board of Directors

Category			Directors at Number of Directors at the end of the year			Percentage of shares held by Directors as at the end of the year	
		Executive	Non- Executive	Executive	Non- Executive	Executive	Non- Executive
Α.	Promoter	1	1	1	1	99.87	0
В.	Non – Promoter	0	0	0	0	0	0
(i)	Non-Independent	0	0	0	0	0	0
(ii)	Independent	0	0	0	0	0	0
C.	Nominee						
	Directors	0	0	0	0	0	0
	Representing						
(i)	Banks & FI's	0	0	0	0	0	0
(ii)	Investing institutions	0	0	0	0	0	0
(iii)	Government	0	0	0	0	0	0
(iv)	Small Shareholders	0	0	0	0	0	0
(v)	Others	0	0	0	0	0	0
	Total	1	1	1	1	99.87	0

Number of Directors and Key Managerial personnel (who is not a Director) as on financial year end date: 2

(B) (i) Details of Directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of shares held	Date of cessation (after closure of financial year: if any)
JANHAVI NILEKANI	00281663	Whole-time Director	99625	
ANUSHREE JAGADISH KINI	09343856	Director	0	

(ii) Particulars of change in Directors and Key Managerial personnel during the year: 2

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment / Change in designation/ Cessation	Nature of change (Appointment/Change in Designation / Cessation)
MR. SHRAY CHANDRA	07418785	Director	01/03/2022	Cessation
MS. ANUSHREE JAGADISH KINI	09343856	Director	01/03/2022	Appointment

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS / REQUISITIONED / NCLT/COURT CONVENED MEETING:

Number of meetings held: 4

		. Total Number of		ance
Type of meeting	Date of meeting	Members entitled to attend meeting	Number of members attended	% of total shareholding
Annual General Meeting	25/09/2021	2	2	100

Extra Ordinary General Meeting	09/08/2021	2	2	100
Extra Ordinary General Meeting	03/09/2021	2	2	100
Extra Ordinary General Meeting	18/03/2022	2	2	100

B. BOARD MEETINGS:

Number of Meetings held: 4

		Total No. of Directors on	Attendance		
S. No.	Date of meeting	the Date of Meeting	No. of Directors attended	% of Attendance	
1.	24/06/2021	2	2	100	
2	09/08/2021	2	2	100	
3	16/08/2021	2	2	100	
4	03/09/2021	2	2	100	
5	23/09/2021	2	2	100	
6	18/01/2022	2	2	100	
7	15/03/2022	2	2	100	

C. COMMITTEE MEETINGS:

Number of Committee meetings held: 0

	Type of	Type of Date of Total No. of Members as	Attend	ance	
S. No.	Meeting	meeting	on the Date of Meeting	No. of Members attended	% of Attendance
1					

D. ATTENDANCE OF DIRECTORS

ע	•	ATTENDANCE OF DIREC	10113						
			Board of Meetings			Committee Meetings (Taking all the Committee Meetings together of which a Director is a member			Whether
	SI. No. Name of the Director		No of Meeting which the director was entitled to attend	Number of meetings attended	% of attenda nce	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attendan ce	attended AGM held on 24/09/2021 (Y/N/NA)
	1.	JANHAVI NILEKANI	7	7	100	0	0	0	Υ
	2.	SHRAY CHANDRA	6	6	100	0	0	0	Υ
	3.	ANUSHREE JAGADISH KINI	1	1	100	0	0	0	NA

X. REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL-

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Nil

Number of Managing Director, Whole-Time Director and/or Manager whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Stock Option/ Sweat Equity	Total Amount
1.					
	Total				

Number of CEO, CFO, and Company Secretary whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
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	Total						
I	TOLAT				<u> </u>		
<u>lumb</u> e	er of other Dire	ectors whose remu	neration detail	s to be entered	d: 0		
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
1.							
	Total						
	IVIATTERS RELA	ATED TO CERTIFICA	TION OF COME	LIANCES AND	DISCLOSURE		
A.		e company has ma act, 2013 during the	-		res in respect	of applicab	le provisions of th
В.	If No, Give re	asons / observation	ns				
	DENIALTICO ACC	D DI INIICI IN 45517 7 7	TAILC THERES	r .			
l.	PENALTIES ANI	D PUNISHMENT DE	TAILS THEREO	F:			
(A)) DETAILS OF P	PENALTIES / PUNISH	IMENT IMPOSE	ED ON COMPAN	NY / DIRECTOR	S / OFFICER	S:
	X NIL						
				Name of	the		
Na	me of the	Name of the		Act and se		ails of	Details of appeal
	any/Directors/	court/concerned	Date of ord			nalty /	(if any) including
(Officers	Authority		penaliza	_	shment	present status
				punish	ea		
		<u>L</u>		1			
			OFFENCES: Y	NIL			
(B)) DETAILS OF C	COMPOUNDING OF	OTT LINELS. X]			
Na Compa	ame of the	Name of the court/concerned Authority	Date of orde	Name of t Act and sec under whi penalized	tion ch / Partic	culars of fence	Amount of compounding (in Rupees)
Na Compa	ame of the any/Directors/	Name of the court/concerned		Name of t Act and sec under whi	tion ch / Partic		compounding (in
Na Compa	ame of the any/Directors/	Name of the court/concerned		Name of t Act and sec under whi penalized	tion ch / Partic		compounding (in
Na Compa	ame of the any/Directors/ Officers	Name of the court/concerned Authority	Date of orde	Name of t Act and sec r under whi penalized punished	tion Partic ch off	fence	compounding (in Rupees)
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Na Compa	whether comp Yes COMPLIANCE COMPERS A listed compore rupees or more rupees or m	Name of the court/concerned Authority lete list of sharehol	Date of orde	Name of t Act and sec under whi penalized punished The holders has be 2, IN CASE OF I	peen enclosed LISTED COMPA	as an attach NNIES Rupees or	compounding (in Rupees)
Na Compa II. V. case ty Cro	whether comp Yes COMPLIANCE COMPERS A listed compore rupees or more rupees or m	Name of the court/concerned Authority lete list of sharehol No OF SUB-SECTION(2)	Date of orde	Name of t Act and sec under whi penalized punished The holders has be 2, IN CASE OF I	peen enclosed LISTED COMPA	as an attach NNIES Rupees or	compounding (in Rupees)
Na Compa II. v. case (fty Cro GT-8:	whether comp Yes COMPLIANCE COMPERS A listed compore rupees or more rupees or m	Name of the court/concerned Authority lete list of sharehole No OF SUB-SECTION(2) pany or a company or a details of Confidence, details of Confidence, details of Confidence No.	Date of order ders, debentured OF SECTION 9 y having paid-unpany Secretar	Name of t Act and sec under whi penalized punished The holders has be 2, IN CASE OF I	peen enclosed LISTED COMPA I of Ten Crore e practice certi	as an attach NNIES Rupees or	compounding (in Rupees)
Naccompa	whether comp Yes COMPLIANCE COMP	Name of the court/concerned Authority lete list of sharehol No OF SUB-SECTION(2) pany or a company or a co	Date of order ders, debentured OF SECTION 9 y having paid-unpany Secretar	Name of t Act and sec under whi penalized punished The holders has be 2, IN CASE OF I The share capita y in whole time	peen enclosed LISTED COMPA I of Ten Crore e practice certi	as an attach NNIES Rupees or	compounding (in Rupees)

We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- **(b)** Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.
- (c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.
- (d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred XIV.

Declaration

I am authorized by the Board of Directors of the Company vide resolution No. 16.14 dated 26/09/2022

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively

To be digitally signed b	у		
Director			
DIN of the Director	00281663		
To be digitally signed b	у		
O Company Secretary			
Company Secretary	in practice		
Membership Number	6457	Certificate of Practice Number	3963

On the Letterhead of the Company

LIST OF SHAREHOLDERS AS ON 31ST MARCH, 2022

SI. No.	Name	Father's Name	Folio Number	Number of Shares Held	Amount Per Share	Address
1.	Dr. Janhavi Nilekani	Mr. Nandan Mohan Nilekani	01	99625	1,000	No. 856, 13 th Main Road, 3 rd Block, Koramangala, Bengaluru – 560 034, Karnataka, India
2.	Mr. Shray Chandra	Mr. Sanjay Chandra	02	150	1,000	No. 856, 13 th Main Road, 3 rd Block, BDA complex, Koramangala, Bangalore South Agara, Bengaluru – 560 034, Karnataka, India